

What's New in October

Adventure Hunt

Fundraiser – Sun, Oct 25



The Friends of the Library's fall fundraiser is a fun-filled adventure: part scavenger hunt, part Merrickville tour, and part photoshoot – with prizes and refreshments! Register your team of family or friends for this afternoon romp around town – and support the Library's collections and programs! Find out more on the Merrickville Friends of the Library Facebook page.

Repair Café

Sat, Oct 24, 11am–2pm



The fall Repair Café will be **Sat, October 24, from 11 am – 2 pm!** Bring your broken household items to the Library for free help with repairs to electronics, small appliances, and clothing/textiles from our skilled volunteers. This program is in partnership with Sustainable Merrickville-Wolford.

Guided Meditation

Fridays, 2:00–3:00pm



The Library hosts free guided meditation led by staff from the Merrickville Health Centre. These weekly sessions include breath work, body scanning and guided imagery to promote health and well-being. This drop-in program runs through the fall. Contact the Health Centre or Library for more info.

Off the Shelf



Our usual monthly **Off the Shelf** evening has been taken over by the election, so our hosts have pushed it back a week to Nov 2. Our theme will be *"Food for Thought"*. Join us for an evening of entertaining short readings & light refreshments for adult listeners. Contact the Library to find out more.

"Hidden People" Contest until October 31

The "Count the Hidden People Contest" will be back along the Story Trail & Riverwalk Trail for October (starting Oct 4) – see if you can count them all! But remember to stay on the path! Submit your guess at the Library by Oct 31.

This is a joint project of artist Graham Annable, Coba Studios, & the Library, with the support of the Trails Society & the Lions Club.



Dyslexia Awareness Month

This month we're showcasing our decodable books. Decodables have structured vocabulary and formatting to help readers with dyslexia and other reading challenges build literacy skills. Our collection ranges from beginning readers to chapter books.

Music, Movement & Mindfulness



Music, Movement, & Mindfulness, on **Sat, Oct 3 at 10:30 am**, blends music, creative movement, puppetry, stories, and simple mindfulness in a playful, kid-friendly way. This is a free program, but spaces are limited – contact the Library to register.

Infant Massage

Wednesdays, 2 – 3 pm



Help your baby relax, bond, & thrive. The Library is hosting a free 5-week series (Oct 7 – Nov 4), led by an EarlyON instructor, to teach parents basic massage techniques for babies (birth–9 months). Infant massage can support better sleep, digestion, and parent-baby bonding. Please bring a blanket to lay baby on and come even if baby is asleep – but please, no older siblings. Register with EarlyON at 1-866-433-8933 Ext. 2351 (L&G Children's Services Dept).

Rideau Eco-Literacy

Sat, Oct 17, 2:00 – 3:30 pm



October's workshop will be about trees and our beautiful fall leaves – held outdoors (weather permitting). These hands-on STEM workshops, for ages 6 – 12, are a fun way to learn about nature. Contact the Library to register. These workshops are a joint project between the Rideau Roundtable and 6 local libraries.

Mount Olympus Party!

Thurs, Oct 22, 6:30–8:00 pm



Last year's Harry Potter party was such a hit the Library and the Lions Club are hosting a Percy Jackson-inspired **Greek Gods of Mount Olympus** party on **Oct 22, 6:30 – 8:00 pm**. Our "Camp Biblioteke" will have loads of Greek god-themed activities. Complete the Labours of Heracles, discover your godly parent, and ascend to Olympus (and the snack table)! Fun for ages 4 – 4000!

Halloween Howl!

Sat, Oct 24, 10:30 am



We'll be putting the BOO back in Books with our **Halloween Howl** for ages 8 and under. Join us on **Sat, Oct 24 at 10:30 am** for some (not-so) spooky stories, songs, rhythm instruments and a craft. Costumes welcome (but not required).

Chill & Chat



Our group for Gr. 7+ will get together for some after hours Halloween games & pumpkin carving on Fri, Oct 23, 6:00–8:00 pm (time subject to change – contact Library to check).

StoryTime

Fridays at 10(ish)



Stories, rhymes, rhythm instruments and a simple craft for preschoolers & toddlers. Build early literacy and social skills & chat with other caregivers. New StoryTimers always welcome.

For more info about any of these programs, contact the Library:

613-269-3326

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